

# Futures

FOR BUSINESS

## Health and Social Care

### Adult Training Courses

Health and Social Care is about aiding individuals to maintain their independence and enhance their quality of life so that they can continue to live a healthy, more fulfilling life.

In a growing sector, which includes a wide range of roles in care homes, hospitals, the community and specialist respite centres, Futures for Business are proud to offer those who have a caring and compassionate nature a chance to begin or develop a career in one of the most rewarding industries.

Within this course, our specialist trainer provides a blended approach to learning, delivering theory-based sessions which can then be applied in a workplace setting.

Working across the East Midlands, we help people to gain the skills needed to enter into sustainable employment or progress in their chosen career.

All of our training courses come with accredited qualifications recognised by employers and support with entry into further education.



## What will the course cover?

Our training in Health and Social Care will help not only give you the basic understanding of what is required within the sector, but also develop the personal skills and attributes that ensure you are able to deliver a high level of service at all times. You will learn key topics required in the sector including:

- Types of service provisions: identify different types of services and different service users, different job roles within H&SC and career progression.
- Principles and Values in care: understanding principles and values that underpin guidance and standards, valuing service users as individuals, confidentiality and promoting respect.
- Understanding Safeguarding: what does safeguarding mean? Understanding terms, identifying signs of abuse and what actions need to be taken.
- Person Centred Care: defining person centred care, identifying an individual's needs and circumstances and providing person centred care.
- Mental Health: understand factors affecting mental health, benefits of effective communication and treatment.
- Dementia Awareness: understand what dementia is and how to care for someone with dementia.

## What qualifications will I receive?

At the end of the course, upon satisfactory completion, all learners will gain up to two qualifications accredited through City and Guilds:

- Level 1 Certificate in Introduction to Health, Social Care and Children's and Young People's Settings
- Level 1 Certificate in Employability

This course is delivered over a 3-4 week programme of learning\*

## How is the qualification assessed?

The qualification will be assessed through a portfolio of evidence which consists of a structured workbook and a range of practical activities that the learner will complete as part of the course with support provided from a qualified tutor.

## Is it right for me?

- Are you passionate about helping others?
- Do you like to make a difference?
- Are you a people person?

If so, this is the ideal opportunity for you.

This is best suited to beginning or developing a career in a range of vocational roles including care assistant, support worker and healthcare assistant amongst many others.

Upon completion, the programme supports progression onto further qualifications such as apprenticeships or higher education as well as the starting point for a career in Health and Social Care.

\* subject change based on chosen qualifications

"I love making teaching fun and engaging, encouraging learners to embrace the challenges in education, inspiring them to reach their potential."

Simon Treece, Health and Social Care Trainer

## Get in touch

To find out more about our training courses email [thehub@futuresforbusiness.com](mailto:thehub@futuresforbusiness.com) or call 0845 266 9799